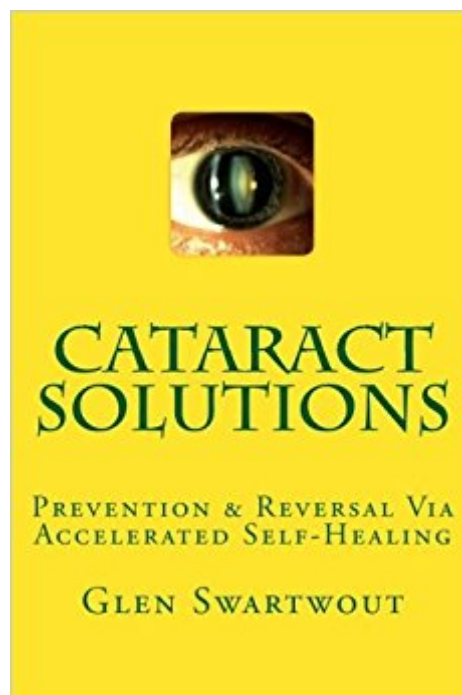




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# **Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing (Natural Eye & Vision Care) (Volume 4)**



## Synopsis

Cataract Solutions is the most comprehensive reference for maintaining and restoring the health of the crystalline lens. The book covers some 200 natural therapies that can help prevent and reverse the development of cataracts. This book is ideal as a reference guide for health practitioners and serious students of the accelerated self healing methods of Dr. Swartwout. As Einstein said regarding not having memorized Maxwell's equations, "I know where to look it up." This is a great reference for looking up potential remedies. In Dr. Swartwout's method, the specific catalysts for each case are selected based on electrophysiological responses or other forms of biocommunication in real time, so an encyclopedic listing of potential remedies to test in challenging cases can be a real problem solver. These individually tailored supplement programs are updated to meet each individual's changing needs on a monthly cycle. In decades of practice, the only cataract cases that required surgery following this protocol were all tobacco smokers who elected not to follow Dr. Swartwout's highly effective, and nicotine-free smoking cessation program.

## Book Information

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Average Customer Review: 4.2 out of 5 stars 12 customer reviews

Best Sellers Rank: #667,385 in Books (See Top 100 in Books) #127 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Eye Problems

## Customer Reviews

In his referenced "Cataract Solutions" Dr Swartwout paints a broad canvas concerning natural molecules that can be used to slow down the development of age related cataract. He draws open his vast knowledge of botanicals and homeopathics to construct a map of the medicine of the future. The discerning reader will likely be both fascinated and overwhelmed by this compendium of information. Dr. Jeffrey Anshel, President of the Ocular Nutrition Society Author of Smart Medicine for Your Eyes

Aloha! If you get this book and find a remedy you think may help you, feel free to send me an email at [tryunity.net](mailto:tryunity.net). If you want my opinion, just include a photo of yourself or a link to one along with whatever you feel is significant in your health story. Mahalo nui loa, Rev. Dr. Glen Swartwout

I was really hoping for more natural solutions from this book, and more emphasis on healthy and whole nutrition. I was astounded at the list of supplements one needs to consume. It even seemed at one point that one might be swallowing up to 40 or more pills per day. I was also surprised at the total omission of vitamin K2, without which calcium cannot be properly absorbed nor directed internally. Vitamin D and magnesium are also an integral part of this system, but given scant play in the book. I suspect that the clinic in Hawaii is a cash cow. I was pleased that electricity was mentioned, but disappointed that this alternative subject was not developed. Nor was earthing or grounding mentioned.

This book truly opened my eyes (no pun intended) to the concept of whole body health. The numbers are staggering when it comes to cataracts and eye health. Although I myself have not undergone the surgery, I know others who have and I will be passing along this book as well as the knowledge I have gleaned from it. This book really drove home the importance of healthy living. I will probably re-read it as I'm sure I missed a lot the first time around. Yes there is a whole lot I was able to take away. Growing up with a parent in geriatric health, I was shocked by the numbers I found in this book. I can't believe cataracts is the #1 procedure in Medicare. A must read for any and all who care for an elderly individual.

Learned a lot from so small a book. The author, for an eyedoc, writes well and explains at the level of the clueless like me. I have recommended to everybody I know who has been diagnosed w/ cataracts, too late for those who already submitted to surgery. What caught my attention most is the statement that a specific part of the eye (sorry, forgot which at this time) is an indicator of longevity, and that those who submitted to cataract surgery are five years away from death . . . better said than that . . . but I think that's what I understood. But that there's good news for those diagnosed with macular degeneration and other causes of potential blindness or deteriorating vision . . . reversible if caught early and healed w/ nutritional fixes, etc. Highly recommend to all who still can see but might not in due time, find out what can be done!

THIS IS A GREAT BOOK..CATARACT SOLUTIONS. THANK YOU

So needed and docs should understand the physiology. Go past your doc and be your own informed steward.

Very nice and easy to understand

Don't waste your money...the book is all technical with no set ideas of how to put the knowledge into use. There certainly must be an easier solution to working with cataracts. Technical sometimes leaves an individual in the dark!

Many people as they age get cataracts and have surgery to correct the problem. What if there was another way to prevent and reverse cataracts? Would you be interested in learning the secret? I would jump at the chance to learn the secret! Glen Swartwout is going to tell you how you can self-heal your cataracts in his ebook called, Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing! It's a comprehensive guide to the science and art of healing cataracts naturally, by using nutrition, herbs, homeopathy and light therapy. Caregivers, healers and holistic physicians have used this book as a reference guide, plus many people have self-healed themselves of cataracts! I received a copy of the ebook, Cataract Solutions: Prevention & Reversal Via Accelerated Self-Healing! I was very impressed with this book! Dr. Swartwout shares three decades of accumulating knowledge and has helped hundreds of people avoid getting cataract surgery! He will teach you what causes cataracts, tell you what vitamins, minerals and herbs to take, plus tell you what to avoid! With all of this detailed information, not only will your cataracts heal, but you'll add years and quality to your life! My husband had cataract surgery years ago, so I know how cataracts affect your health and how the surgery affects your eyes, as well as your health. The Optometrist, told me I have mild cataracts in both eye. I decided that I do not want any kind of surgery, so I'm going to do the self-healing, with all the great advice from this book to heal my own cataracts! This book is very informative! I did know about some of the vitamins, minerals and herbs that could help your eyes, but Dr. Swartwout goes into great detail about what supplements compliment each other and what doesn't. He gives great advise on what to avoid that will affect you vision and even your health. This is an AWESOME ebook and I would highly recommend it! I was given this product for my unbiased review.

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